



CAREER OPPORTUNITIES WORKSHEET

Wondering how to translate your expert knowledge into hands-on, interactive activities for teens? Here are a few ideas!

SOCIAL SERVICES

	Career-Related Activity Topics	Does your organization have resources?	Who can teach this skill / activity?
1	Assist in building simple, inexpensive playground equipment for a mini-park, people's park, or a volunteer childcare facility.		
2	Assist parks and recreation leaders in conducting outdoor games for young children.		
3	Assist with tutoring, coaching, disability therapy, schools and language skills.		
4	Be a day camp counselor or a volunteer in a local hospital.		
5	Be aware of the difference between empathy and sympathy in a helping facility.		
6	Become knowledgeable about the ongoing reclassification of many of these careers, such as greater specialization, changes in entrance requirements, and the varying of educational needs.		
7	Delve into the fundamentals of child growth and development.		
8	Discuss skills needed, how to begin, education and training.		
9	Discuss the special health problems of preschool children with a physician specializing in pediatrics and other medical professionals.		
10	Discuss with a social worker or a public health nurse, the particular problems of young children related to broken homes, child abuse, drug abuse, alcoholism, malnutrition, inadequate housing, and other factors.		
11	Earn the Career Achievement Award in Social Services.		
12	Escort people to places where they need access social services, be a receptionist in a clinic.		
13	Have a community arts and crafts show in a parking lot or park area.		
14	Inspect a playground, school, or other facility and review the safety features of playground equipment and craft supplies.		
15	Know the importance of effective communicaitons.		
16	Know the civil service examinations needed for certain social service positions.		
17	Invite a specialist to brief you on race relations, social problems, child development psychology, and geriatrics.		

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18	Learn about the physical development of young children and explore such facets as depth perception, coordination, dexterity, eye-hand coordination, and test these in simple but vigorous outdoor games.		
19	Learn what it means to believe in the inherent dignity of the individual.		
20	Look into the work of several public services agencies. Is there overlapping of some services? How do the agencies relate to each other?		
21	Make recordings for the blind.		
22	Meet with members of a child advocacy organization to learn about child abuse cases, consumer products designed for children, and educational needs of preschool youngsters.		
23	Monitor the amount of violence shown in children's programming.		
24	Observe a child psychologist in action.		
25	Observe how TV programs contribute to the child's learning and social adjustment. Do the same for television commercials directed toward young children.		
26	Observe preschool and nursery school teachers as they deal with young children.		
27	Participate in Explorer Leadership training, Fast Start and Officers Workshop.		
28	Participate in the Life Choices interactive computer game on CD.		
29	Participate in the Local Council Food Drive or conduct a Blood Drive etc.		
30	Plan a weekend campout for children with physical disabilities, a nature hike for underprivileged children, a trip to a local college for older youths, and assist with day camp activities for children with mental disabilities.		
31	Plan career programs for youth groups, schools, vocational groups, mental health centers, prisons, community service organizations and hospitals.		
32	Provide social work projects for community organizations.		
33	Read to or write for those who are unable to do so.		
34	Record the thoughts of post members and then talk to experts.		
35	Review television programs designed specifically for preschool youngsters.		
36	Review with a manufacturer of child products, the way in which these products help the child develop physically, emotionally, and how they aid the learning process.		
37	Role-play someone in need of a helping service.		

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38	Schedule a weekend at the local council's COPE Course (rope course).		
39	Secure speakers on mental health, teachers and supervisors of education, city/state representatives for public services, and individuals on employment services.		
40	Select one community service career, such as the social welfare assistance, and take an in-depth look at it		
41	Study the medical, dental, health, educational, and recreational services available to children in the community and undertake a program to inform parents of these services.		
42	Take a public speaking course.		
43	Visit a children's hospital or children's ward to observe how the pediatric nurse relates to her patients.		
44	Visit a Head Start facility to learn how culturally deprived youngsters are stimulated toward learning readiness.		
45	Visit a playground to observe activities for toddlers and preschool children.		
46	Visit a toy store or department store and review the consumer products available. Note how the products are specifically designed to provide for safety and note any discrepancies that might be observed. Call these to the attention of the appropriate consumer organization in the community.		
47	Work with a community action group.		
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